

# MISSOURI YMCA YOUTH IN GOVERNMENT

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## CIVIC LEADERSHIP INSTITUTE PREPARATION KIT

Please answer the following questions thoroughly and document your sources. The information you gather will be used in several small group discussions and bill writing.

### Health and Wellness

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1. Recently soda and candy machines have been removed from many schools to help promote a healthier lifestyle. Do you think this action will have any impact? Please explain your answer.
2. Does your school offer P.E. as a daily or weekly class? How does this affect you as an individual?
3. Do you feel your school offers a variety of healthy food choices in your school lunch room? Would you make any changes to the choices?
4. Do you feel well educated on health, nutrition and fitness?
5. What organizations/agencies work to promote health and wellness? What are they doing to promote health and wellness?
6. Please list the resources you used to gather this information

### Education

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1. At your school do you feel there are a variety of classes offered and activities to participate in? Please explain your answer
2. On average, how many students do you have in a class? Do you feel there are too many students or too few students to foster a quality educational experience?
3. Do you think standardize testing is a good measure of a student's ability? Should a school be measured by the success of students on a standardize test?
4. Do you feel your school is preparing you for high school and your future? Please explain your answer.
5. Do you feel challenged in the classroom with the curriculum? What changes would make to the curriculum?
6. Please list the resources you used to gather this information.

### Youth Smoking

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1. How does youth smoking affect you as an individual?
2. How do you think youth smoking affects the community you live in?
3. Describe how youth smoking affects the state of Missouri.
4. What organizations/agencies promote youth smoking? What are they doing to promote youth smoking?
5. What organizations/agencies help prevent youth smoking? What are they doing to help prevent youth smoking?
6. What could be done to decrease youth smoking?
7. Please list the resources you used to gather this information.

## **School Safety**

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1. What does your school do to promote school safety?
2. How does school safety affect you as an individual?
3. How does school safety affect the community you live in?
4. Do you feel safe at your school? Please explain your answer.
5. What do you think are some possible solutions to school violence? How would these solutions affect you and your school?
6. What organizations/agencies help to promote school safety? What are they doing to help promote school safety?
7. Please list the resources you used to gather this information.

## **Issue of your choice**

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Please choose an adult in your community, school or family and have a discussion with them about issues that affect your community, school or family. Then choose one of the issues that you feel most strongly about, other than the issues that have been provided above, and answer the following questions.

1. Describe how the issue affects Missouri?
2. How do you think the issue affects the community you live in?
3. How does the issue affect you as an individual?
4. What organizations/agencies are involved in this issue? What are they doing to support or oppose the issue?
5. What do you think are the possible solutions for the issue?
6. What can you do to become more involved with the issue?